



TIPS TO CREATE AN INCLUSIVE LOCKER ROOM

- **Learn Current Terminology**
 - Be conscious of your language choices
 - Use non-gendered language like Y'all
- **Don't Assume**
- **Mirroring Language**
 - Use the language of the person you're speaking with.
 - This goes for pronouns (how people refer to themselves) as well as sexual identity (like a woman who uses the term "gay" instead of "lesbian")
- **Act as though you have an LGBTQ+ person on your team**
- **Make your position clear**
 - It's not enough just to say, "we accept everyone." Say the word LGBTQ+. Specifically call out that homophobia and transphobia is not allowed
- **Meet with Team Leaders**
 - Empower your team leaders so they can be positive role models when you are not around
- **Interrupt and Intervene**
 - If you are present and do not intervene, your silence will be approval of that behaviour and language.
 - Simply say, "hey – we're better than that" or "we don't use that language on our team"
- **Show your Support 24/7, 365**
- **Be sensitive if someone comes out to you**
- **Be Fair**
 - Treat all your athletes the same, regardless of sexuality, gender identity, or gender expression
- **Respect Privacy**
- **Know your resources**



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