

## Reconciliation

Reconciliation is the act of addressing historical and ongoing harm caused by colonization. It promotes understanding, respect, and equality between Indigenous and non-Indigenous peoples. Sport plays a role in the celebration of Indigenous culture and our nation-wide effort to reconcile.

### How does Reconciliation make sport better?

In 2015, Canada's Truth and Reconciliation Commission (TRC) published a list of 94 Calls to Action to advance reconciliation, including [five that address sport](#).

Sport serves as an important vehicle to promote and celebrate Indigenous culture, and it continues to play a vital role as the country takes steps toward reconciliation.

The role of reconciliation in sport is crucial, since participation is successful only when people feel welcome and included.

Indigenous people have often been excluded or marginalized in sport, and reconciliation helps make sport better for all.



### Reconciliation and Sport in BC



Truth and reconciliation promotes greater representation and participation of Indigenous peoples across BC. Support for the continued development of Indigenous athletes, coaches, and leaders is accelerated by an understanding and appreciation of Indigenous peoples' cultures, values, and contributions to sport and society.

Amateur sport in BC can pursue reconciliation by partnering with Indigenous peoples, communities, and sport organizations to ensure everyone shares the social, economic, cultural, and community development benefits of sport.

## How can BC amateur sport show support?

Members of the BC amateur sport community can reference Canada's Truth and Reconciliation Commission's [five calls to action that address sport](#) to help ensure that Indigenous people and communities have equal opportunity to participate in sport in a manner that recognizes and respects Indigenous cultures and traditions.

### We can all participate by:

- Supporting the renewed [Indigenous Sport, Physical Activity, and Recreation Council](#) Strategy.
- Recognizing and promoting stories about the cultural heritage of Indigenous people in sport.
- Working with the Indigenous Sport, Physical



Activity, and Recreation Council on bridging Indigenous and mainstream sport systems, so more Indigenous people and communities can participate and benefit.